

CHIT CHAT: MASON WRIGHT NEWSLETTER JULY 2016

A PARADE OF JULY PROGRAMS!!!

This month will be “A Parade of July Programs!” The “Dog Days” of Summer are here and boy do we have a variety of activities going on!

July will get started with some fun patriotic Flag Door Decorating and continue on that week with celebrating the Red, White & Blue on the 4th of July. We will have a variety of morning chats/ trivia in relation to important July events. This month is National Ice Cream Month so we will be celebrating with ice cream sodas, July mixer social and sundaes! Yummy!! This month the BBQ's are scheduled for July 1st , July 15th & July 29th . Come dress in your Red, White, & Blue for our social on July 5th in the Café . As July comes to a close, we will be celebrate our Birthday Bash & Entertainment with Jimmy Mazz on the 26th of July at 2:pm.

Put on your dancing shoes and let's have some fun!

Happy 4th of July!!!

Flower of the Month– Larkspur

Flower-Larkspur

Many flowers take their name from their colors, but the larkspur takes its from an animal. The flower's scientific name, delphinium, is derived from the Greek word delphis, meaning “dolphin”. As the larkspur begins to bloom, its petals form graceful arches and curve in a bottle-like shape, resembling the nose of this joyful marine mammal. The larkspur is also said to reflect the dolphin's spirit– a purple larkspur representing the soaring emotions from a first love. Larkspurs of all colors are thought to symbolize feeling of lightness, levity, and an openheart. The entire plant is extremely poisonous, and historically the flower has been used to drive away unwanted critters, such as scorpions and poisonous snakes. Transylvanians take this tradition a bit further – they plant blue larkspur around the horse stables to ward off witches.





BBQ Lunches!!!

When: July 1st, July 15th & July 29th

Time: 11:30 am– 1:00 pm

Lunch will be served downstairs on the Patio! Come and enjoy some barbequed food with us!



Get Your Yellow & Denim On!!

When: Every Friday
Calling all Residents & Staff !
Every Friday we will be supporting Alzheimer's Awareness by dressing down in your Yellow & Denim.
Please donate \$1 at the front desk every Friday. Let's see how much Mason Wright can raise for a great cause!



The Dog Days of Summer

Can you beat the heat? July 3rd marks the beginning of “the dog days of summer.” But where did this phrase come from? Between July 3rd and August 11th, the sun is in the same part of the sky as the dog star Sirius. It was believed that the combined heat from Sirius and the sun created these extremely hot days. These hottest days of summer are also said to make the dogs go a little crazy. Thus, the perennial dog days of summer were born!



WELCOME

We welcome our new friends to Mason Wright Family!!

Annie R
Mettie B
John B.



WISH LIST



Calling All Residents!!

If anyone would like to make a donation, this is a wish list of items that are needed for the residents.

Nail Polish (all colors & clear)

Emery boards

Bingo Prize: Snack Item

Toilet paper

Kleenex

Bar Soap

Tooth paste

Please join us each month for the resident council meetings. This is your meeting!!! A time to voice your opinion, ask question, offer advice, & give compliments.

Hope to see you there!

July 28th @ 1:30 pm.



July Birthdays

The following residents have Birthdays this month!

Happy Birthday to Everyone!

Jean R	7/5
Geneva G	7/9
Earqueu A	7/10
Rosa M	7/10
Flor L	7/10
Richard G	7/11
Sallie R	7/11
James D	7/13
Dora L	7/18
Sandra H	7/28
Kenneth B	7/28



NOTE FROM THE EXECUTIVE DIRECTOR'S DESK

Hello, first let me introduce myself, my name is Melissa Craig, and I am the new Executive Director at Mason Wright Assisted Living. I have been blessed to have the opportunity to work with seniors and their families for the past 18 years in a variety of senior living solutions.

Next, I would like to remind our residents and their families about summer safety. Please drink plenty of fluids to ensure that you remain hydrated and refreshed during the summer months. It is very easy not to feel thirsty, but it is imperative that we each drink plenty of liquids throughout the day. Other summer safety tips include adding a daily sunscreen product in your routine, as well as, a hat to keep the sun off from your face, and or, sunglasses. All of these items are available at our store in the lobby.

Finally, over the next few months Mason Wright will be trying new programs, food ideas, and dining experiences. Please help us to grow by providing us some suggestion and ideas to try, as well as, some patience as we put into motion our new ideas and ways to improve our senior living community. My amazing management team and I are looking forward to blossoming and changing with the residents and families of Mason Wright!

Stay Safe this summer and have a Happy 4th of July

